



# Road Trip

## PACKING CHECKLIST

# ROAD TRIP PACKING CHECKLIST

## ESSENTIALS

- [ ] Driver's license, vehicle registration, and proof of insurance
- [ ] Roadside emergency kit (spare tire, tire iron, jumper cables, flashlight, first-aid kit, etc.)
- [ ] GPS or navigation system (or printed maps if you prefer)
- [ ] Phone charger and/or portable battery pack
- [ ] Comfortable clothing and shoes for driving and exploring
- [ ] Snacks and drinks (consider non-perishable items that won't spoil easily)
- [ ] Water bottle or hydration system
- [ ] Sunglasses and sunscreen
- [ ] Toiletries (toothbrush, toothpaste, deodorant, etc.)
- [ ] Hand sanitizer and disinfectant wipes (especially if traveling during a pandemic)
- [ ] Cash and/or credit card
- [ ] Blanket and/or pillows for napping
- [ ] Camera or smartphone with a good camera
- [ ] Binoculars or a small telescope for sightseeing

## FOOD

- [ ] Non-perishable snacks, such as trail mix, granola bars, crackers, and dried fruit
- [ ] Fresh fruits that last longer, like apples, oranges, bananas, or grapes
- [ ] Pre-made sandwiches or wraps that can be easily eaten on the go
- [ ] Jerky, beef sticks or other protein snacks
- [ ] Peanut butter, jelly, and bread or crackers
- [ ] Hard-boiled eggs
- [ ] Cheese and crackers
- [ ] Canned tuna or salmon
- [ ] Hummus and veggie sticks
- [ ] Instant oatmeal or hot cereals
- [ ] Instant soup cups or ramen noodles
- [ ] Bottled water or refillable water bottles
- [ ] Sports drinks or electrolyte tablets
- [ ] Coffee or tea packets and a portable coffee maker or kettle
- [ ] Chilled drinks like soda or juices (if you have a cooler)

## FUN

- [ ] Books: bring a few books that you've been wanting to read or novels that you've already read and enjoyed.
- [ ] Audiobooks: if you're not a fan of reading, try audiobooks.
- [ ] Music: create a playlist or bring your favorite CDs.
- [ ] Podcasts: there are many interesting and informative podcasts that you can download and listen to while on the road.
- [ ] Games: bring some board games or card games that you and your road trip companions can play. Some popular games include: Scrabble, Uno, and Cards Against Humanity.
- [ ] Movies/TV shows: download your favorite shows on your, phone, tablet or laptop.
- [ ] Coloring books: if you're into art and relaxation, bring a few coloring books and colored pencils to help pass the time.
- [ ] Crossword puzzles/Sudoku: these can be great ways to keep your mind sharp while on the road.
- [ ] Journals: bring a journal to document your trip or to write down your thoughts and reflections during the journey.
- [ ] Binoculars: if you'll be traveling through scenic areas or national parks, bring binoculars to help you see wildlife or other points of interest.